DISHES AND THEIR ALLERGEN CONTENT – Summer Menu Discovery Academy

DISHES						Flour	Milk		MUSTARD				6000 C	Beet
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot dog roll with onions and tomato sauce		X											x	X
Chicken Tikka Curry and Rice		x								X	X			
Roast chicken and gravy, Yorkshire pudding		X		X			X							
Bolognaise with grated cheese		X					X							
Breaded Fish Fingers		X		X	X		X							
Veg hotdog with onions and tomato sauce		X											X	
Quorn Tikka and Rice		X		X						X	X			
Quorn Roast and Gravy		X		X			X						X	
Quorn Bolognaise		X		X			X							
Quorn Nuggets and tomato sauce		X		X			X							



DISHES						Lupin Flour			MUSTARD	A			6	Beet
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pepperoni Panini Pepperoni Pizza	X	x					X							
Meatballs in tomato sauce		X												
Roast Turkey, stuffing, gravy, Yorkshire pudding		X		X			X							
Tikka Chicken Curry served with Rice		X							X	X	X			
Fish fingers and tomato sauce		X		X	X		X							
Cheese Pizza		X					X							
Cheese and tomato pasta		X		X			X						X	
Quorn fillet and gravy		X		X			X							
Homemade Cheese Whirls		X		X			X							
Vegetable Nuggets and tomato sauce		X		X										X



DISHES						Lupin Flour			MUSTARD		0		6	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheeseburger Bap		X					X						X	X
All Day Breakfast		X		X			X							X
Roast Beef, gravy Yorkshire Pudding		X		X			X							
Chicken Pasta Bake garlic bread		X		X			X							
Chicken Sausage		X		X									X	X
Bean and Cheese Enchilada		X					X							
All day breakfast		X		X			X						X	
Quorn fillet Roast		X											X	X
Homemade Cheese Whirls		X		X			X						X	
Vegan Sausage Roll		X		X										



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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Review date: Oct 2025

Reviewed by: Gail Gorman Trust Catering Manager

