

Discovery Academy Long Term PE Map

	Term	PE Session 1	PE Session 2		Term	PE Session 1	PE Session 2
Nursery	Aut. 1	Locomotion: Walking		Reception	Aut. 1	Feet Skills	
	Aut. 2	Dance: Nursery Rhymes			Aut. 2	Dance: Dinosaurs	
	Spr. 1	Hand Skills			Spr. 1	Hand Skills	
	Spr. 2	Gymnastics: Moving			Spr. 2	Gymnastics: High, low over	
	Sum. 1	Locomotion: Jumping			Sum. 1	Rackets, bats, balls and balloons	
	Sum. 2	Dance: Ourselves			Sum. 2	Games for understanding	
Year 1	Aut. 1	Dance: Heroes	Feet Skills	Year 2	Aut. 1	Dance: Water	Feet skills
	Aut. 2	Dance: Heroes	Health and Wellbeing		Aut. 2	Dance: Water	Health and wellbeing
	Spr. 1	Gymnastics: Body Parts	Hand Skills		Spr. 1	Gymnastics: Linking	Hand skills
	Spr. 2	Gymnastics: Body Parts	Rackets, bats and ball skills		Spr. 2	Gymnastics: Linking	Rackets, bats and balls
	Sum. 1	Dance: The Zoo	Running skills		Sum. 1	Dance: Explorers	Running skills
	Sum. 2	Dance: The Zoo	Games for Understanding		Sum. 2	Dance: Explorers	Games for understanding
Year 3	Aut. 1	Dance: Weather	Invasion Game: Football	Year 4	Aut. 1	Dance: Space	Invasion Game: Football
	Aut. 2	Dance: Weather	Inclusion: Goalball		Aut. 2	Dance: Space	Inclusion: Goalball
	Spr. 1	Gymnastics: Canon and Unison	Invasion Game: Handball		Spr. 1	Gymnastic: Levels & directions	Invasion Game: Handball
	Spr. 2	Gymnastics: Canon and Unison	Net & Wall: Tennis		Spr. 2	Gymnastics: Levels & directions	Net & Wall: Tennis
	Sum. 1	Dance: Wild Animals	Athletics		Sum. 1	Dance: Cats	Athletics
	Sum. 2	Dance: Wild Animals	Striking & Fielding: Rounders		Sum. 2	Dance: Cats	Striking & Fielding: Rounders

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Year 5	Aut. 1	Dance: The Circus	Swimming	Year 6	Aut. 1	Dance: Prejudice and Discrimination	Invasion Game: American Football
	Aut. 2	Dance: The Circus	Swimming		Aut. 2	Dance: Prejudice and Discrimination	Health Related Exercise
	Spr. 1	Gymnastics: Couter balance and counter tension	Swimming		Spr. 1	Gymnastics: Creating a sequence	Badminton
	Spr. 2	Gymnastics: Couter balance and counter tension	Swimming		Spr. 2	Gymnastics: Creating a sequence	Running
	Sum. 1	Dance: Street Art	Striking & Fielding: Cricket (Additional Swimming for non-NC standard)		Sum. 1	Dance: Carnival	Striking & Fielding: Cricket(Additional Swimming for non-NC standard)
	Sum. 2	Dance: Street Art	Orienteering (Additional Swimming for non-NC standard)		Sum. 2	Dance: Carnival	Orienteering (Additional Swimming for non-NC standard)